

CALIFORNIA 

FREEMASON

Spring 2008

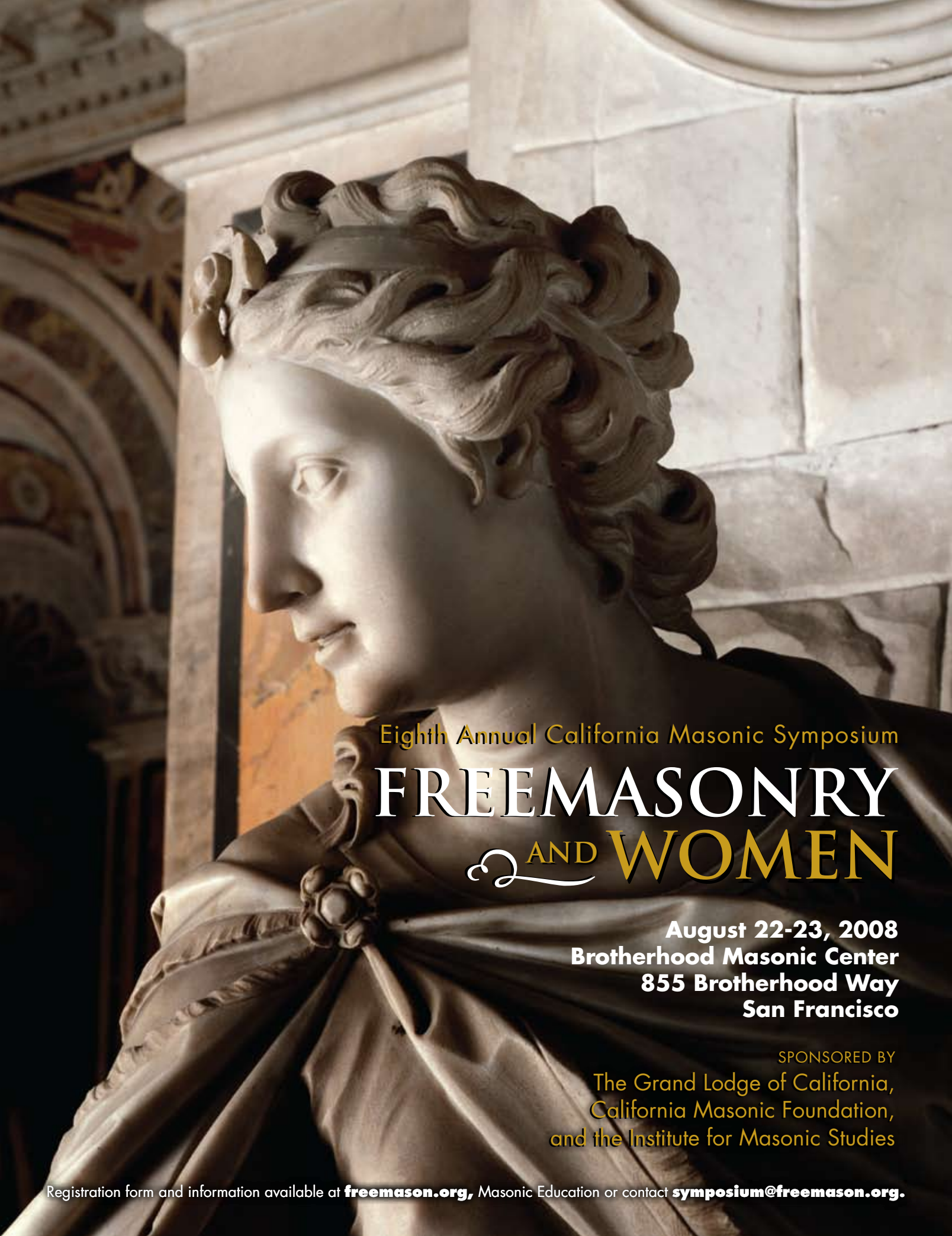


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"The Birdman of Idaho"

Breathing device inventor and aviator

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Chances are you know someone who is alive today because of a device invented by Forrest Bird in 1947 to help a friend with emphysema: the world's first portable respirator. Within a few years, hospitals throughout the world were using it to help their patients breathe. A 50-year Mason, Brother Bird says the commitment of Masons and Masonic organizations to promoting health and wellness dovetails with his own commitment in these areas.

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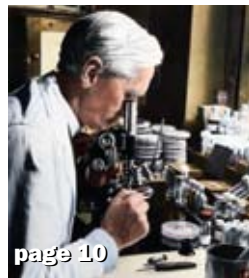
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This issue of our award-winning *California Freemason* magazine centers on men, Masons, and, specifically, California Freemasons, who have discovered one of the greatest secrets of life: choose a job that you love and you will never have to work a day in your life.

Brother Danny Thomas brought a further understanding of this when he said, "Success in life has nothing to do with what you gain or accomplish for yourself. It is what you do for others."

As many of us know, Brother Thomas spent much of his life dedicated to raising funds for the efforts of St. Jude's Hospitals. His commitment helped change the lives of thousands of people—people who themselves are now walking upright in their stations and their communities and are making a difference.

Life isn't always predictable. When we look back at what has brought us to where we are today, it can seem perplexing or even irrational: a brother whose experience in aviation has led him to invent a breathing device that allows the most vulnerable and innocent to experience life or another brother whose caring for others has resulted in the establishment of the "Walking with Carlos" project, which provides prosthetic devices for impoverished amputees. Whether divinely inspired, Masonically enriched, or both, Masons continue to be dedicated to helping others.

I am the beneficiary of this very thing. Ninety-five years ago, a Mason in Los Angeles looked up and down

Men, Masons, Making the Big "D"... and I Don't Mean Dallas

his street in downtown Los Angeles and saw a growing number of men struggling and living homelessly. Inspired by his strong commitment to God and the lessons of our gentle craft, he began to provide food and a safe place to sleep for all that he could. Using his connections with his Masonic brethren and his own personal resources, he began an institution that is today nationally renowned as one of the most successful homeless centers in America. You see, Brother Thomas Liddecoat understood what it meant to live on the level. He believed that "we are all descended from the same stock, partake of the same nature, and share the same hope." He knew that in his station he should never forget that we are all brethren and as such are entitled to our regard no matter what spoke we occupy on fortune's wheel.

I said earlier that I am the beneficiary of Brother Liddecoat's unselfish commitment to carrying the lessons he had learned in Masonry to those less fortunate. Today, I am the leader of this charity known as the Midnight Mission. Ninety-five years later, I get to experience what he experienced and what Brother Danny Thomas understood: "It's what you do for others."

Why me, I'll never understand. But although I have a job, I'll never have to work another day in my life. As Masons, we should make a difference, whether it is a simple random act of kindness or an opportunity to dedicate our life to a cause. Let us all live outside of the lodge room those great lessons taught in it. ✨

Larry L. Adamson
Deputy Grand Master

by Cason Lane

SENDING GOODWILL TO IRAQ *and keeping locals warm in the winter*



Three lodges find meaningful ways to change lives

It was a shoe collection that would make Imelda Marcos proud. There were nearly 2,400 pairs, all boxed and stamped and ready for delivery, sitting in October at a Santa Clara post office.

Only these shoes weren't destined for a chichi closet. They were headed to Mosul, Iraq, where six months earlier, a U.S. Army soldier had noticed local children attempting to play soccer without shoes. When this soldier wrote a letter last April asking for new or gently used children's shoes, fellow soldier Brother Rod Winowsky forwarded it to some folks

he knew could help – Liberty Lodge No. 299 in Santa Clara.

Tony Arnedo, past master, got into action by putting a collection bin in the lodge dining room and posting the letter, along with a call for “a pair or two of children's shoes,” in the Trestleboard newsletter.

By June, there was so much interest that the lodge borrowed collection bins from Second Harvest Food Bank, relabeled them, and, with the help of local librarians, placed them in 19 public libraries. Several lodge members' wives joined in to help, a children's boutique donated



Distributing shoes from Liberty Lodge in Mosul, Iraq.

\$1,000 worth of new shoes, and a television station interviewed Arnedo about the effort. Ken Nagel talked up the program during his travels a year ago as junior grand warden, and other groups pitched in to help, including several lodges in Southern California that donated more than 800 pairs.

In late August, Liberty Lodge members, families, and friends gathered to sort, package, count and



weigh the shoes. And in October, another work party hauled all of the boxes to the post office, which brought in extra people to prepare them for shipment. Three weeks later, the shoes arrived in Mosul.

“By the end of the day, there were 78 boxes containing 2,398 pairs of shoes,” says Mike Hertzberg, senior warden of Liberty Lodge. “This all started with a simple request to bring in a pair or two of children’s shoes.”

CHANGING FACES

Liberty Lodge has also found a way to help children in other parts of the world. In partnership with the Interplast office in nearby Mountain View, the lodge is helping the organization provide free reconstructive surgery to children with clefts, burns and hand injuries. Specifically, lodge members help transport supplies to and from the airport, for use

by the organization’s surgical teams who fly to remote villages around the world.

The relationship started in 2006, when then-Master Bob Griffin was considering a service project for the lodge. Recalling the torment that a boyhood friend experienced because of a cleft lip, Griffin looked into Interplast and invited a local rep to give a presentation at the lodge. The membership was immediately on board to help.

Throughout that year, Liberty Lodge supported Interplast by assembling “no-nos,” which are devices made of cloth, glue and tongue depressors. When wrapped around the elbow, these devices prevent patients from bending their arms to fidget with the stitches on their faces. That year, the lodge purchased the materials and constructed nearly 1,800 no-nos – a year’s supply.

“The days we got together to make no-nos became a social event as well as a community service event,” Griffin says. “It really brought the lodge together in a common cause.”

Today, Interplast has a sufficient supply of no-nos, but Liberty Lodge remains active in delivering surgical supplies to and from the airport.

COMMUNITY COMMITMENT

The new year is a time for resolutions – and not only with Slim-Fast and stair-climbers. Just ask Friendship Lodge No. 210 in San Jose, which resolved to do a community service project for each month of 2008, starting in January with “One Warm Coat.” For this project, members collected gently used coats and jackets and distributed them to local people in need.

Kendall Ray Mills, master, says the lodge already has other projects planned for the rest of the year. One is a drive to provide backpacks to local school children – along with training on how to “pack it light and wear it right,” provided by Mills’ wife, an occupational therapist, and her colleagues.

“The therapists will teach the kids and parents the correct way to pack and wear their backpacks to help avoid back, neck and shoulder problems,” he says.

Other projects on the lodge’s calendar include beach and park cleanups in partnership with



One Warm Coat was the January community service project of Friendship Lodge.



local Masonic youth groups; collecting food and providing warehouse manpower for the Second Harvest Food Bank; forming handyman crews for the homes of lodge widows and for a local public school; conducting a toy drive; and working the KIDS I.D. booth at the county fair.

BACK TO BASICS

Imagine going a few days without basics like soap, toothpaste and shampoo. Combine that with fighting a war in the desert, and, well, those comforts of home take on a whole new dimension.

So when San Jacinto Lodge No. 338 heard from Sgt. Davis Myers, a brother serving in Iraq, that he and his fellow troops

could use some basic items, the lodge came to the rescue. They composed a list of sundries, distributed it to members, and assembled care packages of little things that can make a big difference. Among them: personal hygiene items, granola bars, gum, Rice Krispies Treats, magazines, pens, lip balm, jerky, socks, foot powder and vitamins.

"It's all the little things not available over there that we take for granted," says Les Geiger, secretary. "So far, we have shipped about 80 boxes, with no intention of stopping until our troops come home."

"Your packages boosted our troop morale and played a good roll in reassuring our troops that the people at home do still care about us out here. While on a mission giving food and water to some locals, I ran into an Iraqi Masonic Brother that lost his family to the old government and was homeless. I had a box of supplies that you sent to us with me and I gave him some of the snacks. Per my interpreter, the man was saying that he had been praying for a Brother to come and help him and God had answered his prayers. We took the man to a safe house with fresh water and food. I truly feel that the brotherhood has made me a better man and seeing the light that God wants us to help as much as we can. Thanks again for your help and good job on raising the members of the lodge. See you when I get out of here."

Judging from a recent letter sent by Myers (excerpted above), the care packages have gone a long in improving daily life...and in an unexpected way. ✨



FOUR STORIES

While sitting last summer in the slow line of cars crossing the U.S. border in Tecate, Mexico, Caleb Stevens spotted a one-legged man hobbling on crutches and selling gum to motorists. A couple of months after this chance encounter, that street vendor would have a new leg—and a new outlook on life.

It just so happened that Stevens, a member of Chula Vista Lodge No. 626, had been organizing a project to provide free prosthetic limbs to poverty-stricken amputees in Mexico. Stevens would refer candidates to his wife's cousin, Oscar Castillo, an orthopedist in Tijuana, who would determine the kind of limb needed. Then Stevens would send the specs to an Oklahoma City-based charity called the Limbs for Life Foundation, which would provide the prosthesis for free.

So, on that hot day in August, Stevens rolled down his car window, bought a pack of gum, and got acquainted with Carlos Salazar, who explained that he lost his leg in an accident 10 years before. Stevens described his project and referred him to Castillo, who, in the following weeks, fitted him with an artificial leg provided by the Limbs for Life Foundation.

Now with two legs instead of one, Salazar says he plans to retire from street vending and get a job driving a taxi. Stevens, meanwhile, has a new name for his charitable effort: "Walking with Carlos."

"For me, it is the right thing to do to help those with so little," says Stevens. "I hope the Lord allows me to give a hand or leg to others as we walk through this journey of life."

OF PROVIDING RELIEF

Helping others in California and beyond

PUTTING PEDAL TO THE METTLE

Ed Sibby, of Temecula Catalina Island Lodge No. 524, was looking for a way to really challenge himself—and change lives at the same time. He found it in a nine-day, 1,000-mile bike ride from California to Colorado, in which he and six other riders raised \$13,000 in sponsorships to build a school in sub-Saharan Africa.

The October ride was organized by the non-profit group Operation Cast a Shadow, and the school will be built in July by a partner group called Empowering Lives International. The non-profit project, slated for the Congo region, is one of several efforts to break the cycle of poverty in Africa.

The bike team climbed 43,000 feet and averaged more than 110 miles a day.

“It was the most challenging endeavor I have ever undertaken,” Sibby says.

In Africa, where population and disease have strained the continent’s resources, schools help bring a level of stability and structure to the villages—especially to the children.

“I wanted to express my strong belief in a foundational premise of Freemasonry—that of service to our

fellow man,” Sibby says. “Bringing hope and goodwill to others is a privilege, and to represent my fraternal brothers along the way was an opportunity I simply could not pass up, regardless of the difficulty.”

DEDICATED TO HELPING OTHERS

Shortly before moving to Sacramento a few years ago and joining Harding San Juan Lodge No. 579, Momo Larmena Jr. narrowly escaped death in his civil war-torn homeland of Liberia. Ever since then, he’s sought to make the most of every moment, devoting his life to helping others.

In 2004, while outside his family’s home in Liberia, Larmena was accosted by rebels. When they started pulling weapons from their vehicle, he ran inside, called the United Nations, and soon a U.S. Army soldier came to the rescue, ushering Larmena and his family to safety.

Shortly thereafter, Larmena relocated to Sacramento, where he set out to improve the lives of Americans.

“If it weren’t for the U.S. Army, I wouldn’t be here,” Larmena says in a U.S. Army news report. “This is my home country now, so I must be able to give back to my country.”

He established a community outreach program that helped disadvantaged children learn computer skills and receive AIDS/HIV education—a program that earned praise from Gov. Arnold Schwarzenegger and President George W. Bush. Larmena is also the parent of six foster children. And in 2006, he joined the U.S. Army (even though he is about 20 years older than his fellow enlistees).

MEALS ON WHEELS—FROM THE GROUND UP

Jefferson Hill Sr., of Claremont Lodge No. 436, read in the *Los Angeles Times* about a homebound, 93-year-old woman who rarely got a hot meal because she couldn’t cook or shop. So Hill launched a volunteer organization that delivers hot food to homes.

His organization, called the La Verne/San Dimas Meals on Wheels Program, started in 2003 with seven meal recipients. Today, volunteers take meals Monday through Friday to more than 50 homebound community members, and the group hopes to expand services to seven days a week. In 2007, the group delivered more than 12,000 meals.

“Please, Masons, make the first move in your own community,” Hill says. “You can make a difference.” ✨

by John L. Cooper III, Grand Secretary

SIR ALEXANDER FLEMING

Scientist and Freemason

It is probable that at some time in your life you visited your doctor for a minor infection and were given a prescription for an antibiotic which quickly cleared it up before it became a life-threatening condition. You may have filled the prescription and taken the medicine without a thought as to what life would be like for you if no such remedy were available. And yet, before 1928, there were no antibiotics available to control infections, and those who contracted them could expect a serious and life-threatening condition to easily develop. Thanks to a Freemason, we enjoy access to these powerful remedies—a Mason by the name of Alexander Fleming.

Sir Alexander Fleming (August 6, 1881–March 11, 1955) was a Scottish biologist who was awarded the Nobel Prize in Medicine in 1945 for the discovery of penicillin. That date is important because that was when World War II ended. It is reliably estimated that up to 15% of the wounded in that epic conflict survived as a result of the discovery of penicillin.

Fleming served in World War I as a captain in the British Army Medical Corps, and saw firsthand the deaths which resulted from battle wounds. In those days the only treatment was the

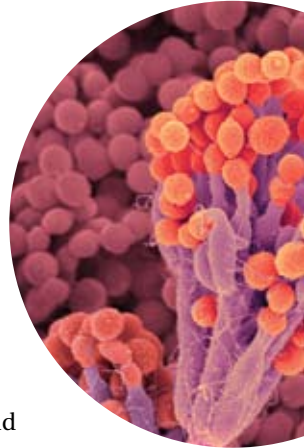
application of simple antiseptics to the outside of wounds. Fleming noted that these antiseptics often caused more of a problem than they cured by destroying the body's natural defenses. Bacteria deep in the wounds could not be attacked by these antiseptics, and surface treatment destroyed the body's own antibiotic, lysozyme. In 1928 he discovered, quite by accident, that bacteria were destroyed by penicillin mold growing in a petri dish. His personal experience in World War I, and his continuing interest in ways to control infection, caused him to realize the potential of this simple mold as an antibiotic agent—and to begin his experiments which led to the production of this life-saving drug.

Great men in history are often the subjects of legends, and so it should be no surprise that there are two legends associated with Sir Alexander Fleming. The first one is that young Winston Churchill's life was saved by Sir Alexander's father, and the second one is that the famous prime minister's life was saved during World War II by Sir Alexander's discovery of penicillin. Neither tale is true, however intriguing they may be.

Truth is much stronger than fiction, and the true story of the discovery of penicillin is one of the great stories of our time. If Fleming

had not transformed his experiences as a soldier in World War I into a passion for relieving the distressed, he might never have noticed the moldy petri dish and its implications. And had he not done so, countless lives would have been lost over the years since his amazing discovery. In the Entered Apprentice Degree we are taught that our responsibilities to our neighbor go beyond just being a friend. As the ritual tells it, a Mason is to apply what he learns as a Mason to his neighbor by "relieving his distresses and soothing his afflictions" Brother Fleming certainly did that in a big way—and humanity has benefitted by the passion for the conquest of infection that characterized this famous Freemason.

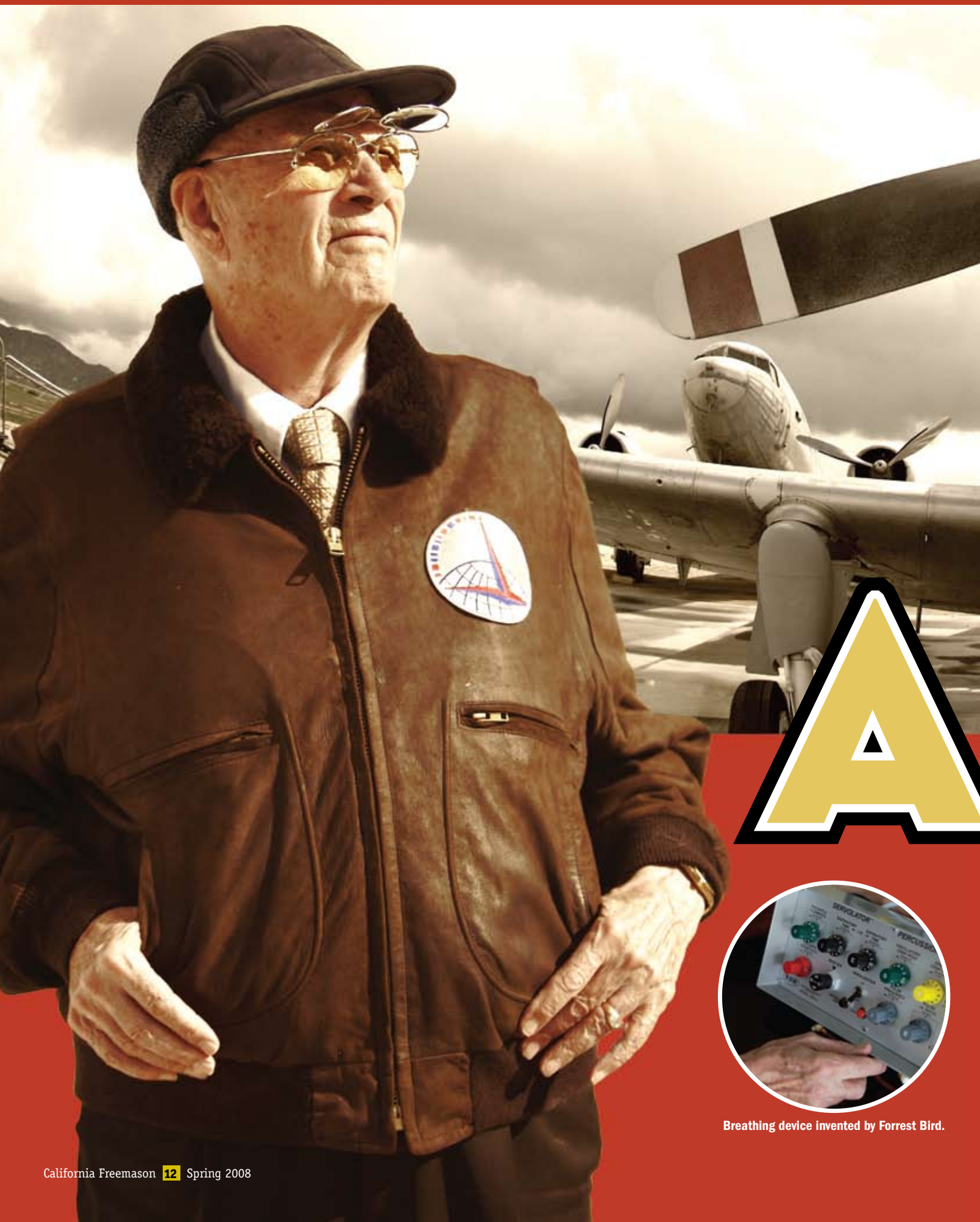
Sir Alexander Fleming was a member of several English lodges and master of two: Santa Maria Lodge No. 2682 in 1925 and Misericordia Lodge 3286 in 1935. In 1942 he served as Senior Grand Deacon of the United Grand Lodge of England and was promoted to the rank of Past Grand Warden in 1948. ✧





Penicillin Mold
Mold conidiophores, fruiting structures, sporangia, conidia, and asexual spores of *Penicillium notatum*, also known as *Penicillium chrysogenum*.





Breathing device invented by Forrest Bird.



AIR

By Richard Berman

"The Birdman of Idaho"

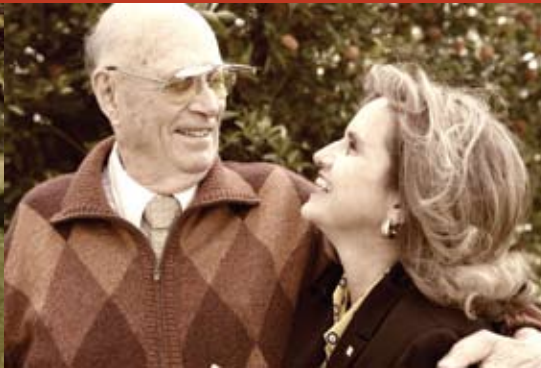
Breathing device inventor and aviator

Thomas Jefferson's epitaph lists only three accomplishments: writing the Declaration of Independence, authoring a religious freedom statute, and founding the University of Virginia. It ignores many of his other activities, including serving as president of the United States, authorizing the Louisiana Purchase, and funding Lewis and Clark's expedition—not to mention his many innovations in architecture, horticulture, archeology, and countless other pursuits. While it might seem odd to leave

these notable achievements off the list, the reality is that it is impossible to sum up Jefferson's life's work in only a few words.

The same could also be said of Forrest Bird of Palm Springs Lodge No. 693, who in December 2007 marked 50 years as a Mason. After all, recounting all of his accomplishments could take a long time indeed. Where to begin? Bird, 86, is the oldest helicopter instructor in the United States. Inspired by his father, a pilot in World War I, Bird took his

Continued on page 14



first solo flight at age 14 and at the age of 16 flew close to the Zeppelin Hindenburg only hours before its ill-fated landing in Lakewood, New Jersey. In 1941, Bird joined the Army Air Corps, and his extensive background of flying many kinds of aircraft earned him a job flying new planes—including helicopters and early jets—to the units that would ultimately use them in combat. Today, more than 60 years later, Bird and his wife Pamela Riddle

“I went to the hardware store and got a doorknob ... so the patient would push down like this on the doorknob and blow his lungs up. He did remarkably well with it.”

Bird own and operate the Bird Aviation and Invention Museum in Sagle, Idaho, where he keeps his formidable collection of more than 20 helicopters and airplanes, including his father’s 1938 Piper Cub,

as well as a trove of vintage cars and motorcycles. Along the way, Bird met Henry Ford and Orville Wright (“I thought he was God”) and even flew with reclusive billionaire Howard Hughes.

Oh, yes: He has also saved millions of lives.

Even if you don’t know the name Forrest M. Bird, MD, PhD, ScD, chances are that you know someone who is alive today because of an invention he cobbled together in 1947 to help a friend with emphysema: the world’s first portable respirator. During an October 2007 segment on “60 Minutes” dedicated to the incredible life of Forrest Bird, he showed his original device to host Morley Safer and explained how it worked. “I went to the hardware store and got a doorknob...so the patient would push down like this on the doorknob and blow his lungs up. He did remarkably well with it.”

Bird had started thinking about the need for assistive breathing devices while he was still flying for the military. “I was [transporting] these new planes that went up to altitudes where pilots needed additional oxygen,” he explains. After spending more than a decade refining his creation in the late 1950s, he unveiled the Bird

“I’m probably most proud of this device,” Bird says.

Mark 7, the first affordable portable respirator to hit the market. Within a few years, hospitals throughout the world were using it to help their patients breathe. Fans of the television show “Doctor Kildare” may remember the title character calling for “The Bird” whenever a patient was in a particularly perilous condition. In 1970, he introduced the Baby Bird, which was designed specifically to help premature infants breathe. According to independent research, the device reduced the rate of breathing-related infant mortality from 70% to 10%. “I’m probably most proud of this device,” Bird says.

Unlike many inventors who come up with great ideas but lack the acumen to build and sell them successfully, Bird has built a remarkable business. In 1954, he founded Bird Products to develop his early ventilators. Today the Idaho-based company employs more than 40 people who build the devices that he designed. Bird himself still works 12-hour days and spends a good deal of time meeting with doctors who

come from all over the world to get his advice on respiration. And, of course, he flies his planes.

When asked about his long and distinguished career as a pilot, Bird cites the influence of his father: "My daddy flew, and I just wanted to be able to fly like he did." In addition to inspiring his love of aircraft, Bird also credits his father for steering him toward being a lifelong tinkerer. "My daddy was actually a very successful inventor back in Stoughton, Massachusetts, where I grew up. He invented a lathe that was used for making shoes, and I guess I just followed in his footsteps." In fact, he says that his Idaho compound (described by "60 Minutes" as a "combination home, business center, factory, museum, and farm") is in some ways an attempt to capture some of the magic of his childhood. "I've kind of recreated something similar to what I had as a young lad growing up in New England," Bird says. "It's fun. We enjoy it."

One other area of his life that also draws heavily from his father's influence is his involvement with Masonry. "Being a Mason was so important for him, and it's important for me," Bird says. "Masonry is really about trust among men. If I meet someone who is a fellow Mason, there is an instant connection for me because I know that we share similar experiences and values. It really does make a difference for me. I didn't become a Mason until I was in my 30s, but I've been one for more

"She was really my first patient, but ultimately, the lung was destroying itself. But we probably gave her a number of years of additional life."

.....

than 50 years now, and it's just the greatest."

In addition to the bond he feels with fellow members of the craft, Bird says that the commitment of Masons and Masonic organizations to promoting health and wellness dovetails with his own commitment to those topics. "Just look at the Shriners and the work they do in supporting hospitals around the world. It's definitely a priority for Masons, and I'm proud to be part of this great tradition."

Needless to say, Bird has earned many important awards throughout his career. He has won two Lifetime Scientific Achievement Awards from the American Respiratory Care Foundation (the first in 1985 and the second 20 years later); in 1995 he became a member of the National Inventors Hall of Fame; and six years later was honored as "Inventor of the Week" by the Massachusetts Institute of Technology.

In a cruel twist of irony, Forrest Bird's first wife, Mary, suffered from

emphysema before succumbing to the disease. As he told Morley Safer, "She was really my first patient, but ultimately, the lung was destroying itself. But we probably gave her a number of years of additional life. And probably it sparked me, in turn, to push further and develop."

After Mary's death, Bird eventually met a fellow inventor, Dr. Pamela Riddle (CEO of Innovative Product Technologies and author of "Inventing for Dummies"), and decided to impress her by taking her up in a vintage plane and performing dives and rolls. It worked. The two married, and today work together dreaming up new ideas, managing Bird Products, and overseeing the museum that includes the toys that Forrest Bird has spent a lifetime collecting. "It's been a wonderful life so far, and I am pleased to have been able to make a difference for so many people."

Spoken like a true Mason. ✦

Andrew Taylor



William Worrall Mayo



Steve Wozniak

From Life-Saving

Where would we be without the safety razor? Granted, it's not the medical respirator, but let's face it: If King Gillette of the Adelphi Lodge in Quincy, Mass., hadn't introduced a safety razor in 1901 to replace the injury-prone straight razor, our kissers would have more cuts than the set of a Hollywood movie.

And what about the telephone, TV, and the washing machine? These, too, are life-changing innovations that, along with blockbuster discoveries like penicillin, were pioneered by Masons.

The point is that Masons throughout history have sought to improve the quality of life, and those efforts—from epic achievements to clever conveniences—have changed the face of human society. We've assembled just a few of them here.

THE MAYO CLINIC

In 1889, physician William Worrall Mayo and his two sons, Charles Horace and William James, founded a clinic at St. Mary's Hospital in Rochester, Minn. That clinic, reportedly the first private medical group practice in the United States, would later be known as the Mayo Clinic, achieving world renown as a surgical hospital, a teaching center, and a veritable place of healing. Today, the Mayo Clinic's three locations treat more than half a million people a year, with doctors from every medical specialty working together to meet patients' needs. Founders William Worrall Mayo and Charles Horace Mayo were Masons.

THE TELEPHONE

Though Alexander Graham Bell is widely considered the inventor of the telephone, the U.S. House

of Representatives in 2002 said the distinction actually belongs to Italian inventor and Freemason Antonio Meucci. After conceiving of a "talking telegraph," Meucci immigrated in 1850 to New York, where he set up a rudimentary communications link in his Staten Island home that connected the basement with the first floor. Though his limited means kept him from commercializing the invention, Meucci's work clearly predated Bell's patent in 1876.

A few years later, another Freemason, Almon Strowger, took the telephone one step further. Resolving that callers, not operators, should choose the person on the other end of the line, Strowger invented the rotary-dial telephone in 1888. Strowger is the great-great-grandfather of R. Stephen Doan, past grand master of Grand Lodge of California and past master of Sunset

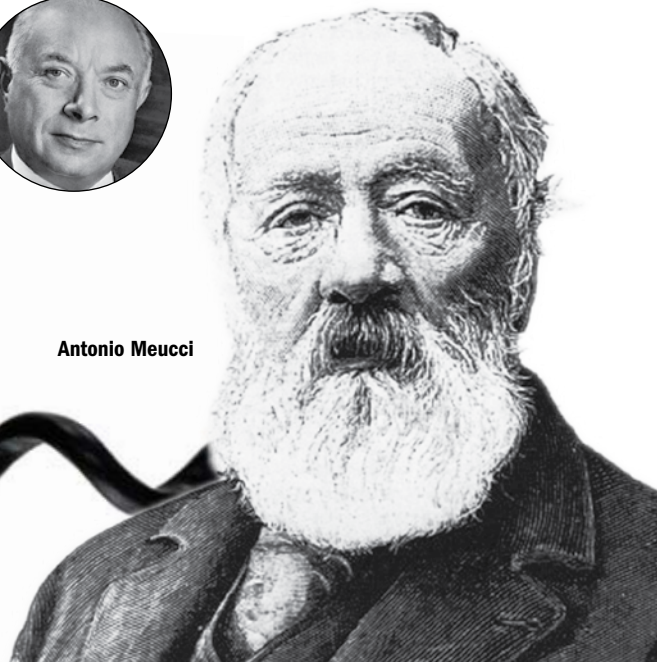
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Antonio Meucci



Apple II Computer



to Life-Changing

Masons and their notable innovations

Lodge No. 369 in Santa Monica.

APPLE COMPUTERS

If you're a Mac fan, you have a Mason to thank. Steve Wozniak, of Charity Lodge No. 362 in Campbell, co-founded Apple Computer Inc. with Steve Jobs in 1976. Wozniak created the Apple I and the Apple II, and he played a major role in designing the Macintosh computers that led to today's world of iMacs, iPods, and iPhones, which are arguably changing the way life gets done.

THE MAYTAG WASHING MACHINE

Say goodbye to washboards and hello to convenience. Frederick Louis Maytag, of Lodge No. 59 in Newton, Iowa, founded Maytag Corp. in the late 1800s and helped revolutionize the way people wash their clothes. After introducing the first aluminum washer tub in 1919,

Maytag introduced the agitator washer in 1922, which redefined the chore of household laundry. Maytag went on to introduce other washing innovations, including the first-ever stacker washer/dryer in 1985.

OSTEOPATHY

Ever seen the letters D.O. after a physician's name? The abbreviation denotes a doctor of osteopathy, which is a medical philosophy based on the theory that the musculoskeletal system, when properly stimulated, contains all of the elements needed to maintain health. The father of osteopathic medicine was a Freemason named Andrew Taylor Still of Lee County, Va., who, after his three children died of spinal meningitis in 1864, devoted the next 10 years to studying the human body and finding new ways to treat disease. Still founded the first school

of osteopathy, which operates today as the A. T. Still University, with locations in Missouri and Arizona. The university estimates that nearly 60,000 osteopaths currently practice in the United States, providing compassionate, patient-centered care, especially to rural and underserved areas.

TV

Finally, let's not forget television. David Sarnoff, of the Strict Observance Lodge No. 94 in New York, was a radio visionary with RCA. In 1936, he added sight to sound by launching the first American television service, broadcasting programs to 150 homes in the New York City area. Under his guidance, RCA developed the black-and-white television. And the world has been glued to the TV screen ever since. ✧

Book Reviews

Reviewed by Adam G. Kendall, P.M.,
Collections Manager, Henry Wilson Coil Library & Museum

Thomas Starr King: Patriot and Preacher

Thomas Starr King: Patriot and Preacher (Hardcover)
by Charles W. Wendte
(Author), Kessinger
Publishing, LLC, 2007
ISBN-10: 0548007578
Available in the Henry
Wilson Coil Library

Brother Thomas Starr King, Unitarian Minister, California Mason (Oriental Lodge No. 144, now Phoenix Lodge No.144), and Grand Lecturer for Grand Lodge of California, lived a short but triumphant life. He was called the "Silver-tongued Orator" because of his eloquent public sermons and lectures (of which he was nationally renowned), not to mention his writings on spirituality, philosophy, and the beautiful scenery of California.

This early yet concise biography chronicles Starr King's tireless dedication to preserving California's place in the Union during the Civil War—an effort for which he received personal commendation from President Lincoln. He also was the founder of the Pacific Branch of the United States Sanitary Commission, which was the predecessor to the American Red Cross. Exhausted by extensive travel for his advocacies, he succumbed to diphtheria on March 4, 1864 at age 40.

Recollections of Masonic Brother Earl Warren

Regional Oral History
Office, Earl Warren Oral
History Project
The Bancroft Library,
University of California,
Berkeley, 1976
Available in the Henry Wilson
Coil Library and the Bancroft
Library in Berkeley

Earl Warren, Grand Master of California 1935 – 1936, was District Attorney of Alameda County, the 20th Attorney General of California, the 30th Governor of California, and the 14th Chief Justice of the United States (1953 to 1969).

In this interview, Edward H. Siems, Past Grand Master and Grand Secretary, recalls his relationship with Brother Warren and his thoughts on how Warren's character influenced his year as Grand Master as well as his professional life and Supreme Court decisions, particularly the case of Brown vs. Board of Education. Brother Siems highlights many instances of the origins of Warren's character that have not been included in official biographies.



Partners in fraternal **CARE**

By Terry Mendez

As we age to our elder years, we face new decisions and challenges. What is the best and safest living arrangement? How do we manage health issues? What support is available?

Many of us need help coping with the challenges associated with aging, particularly if we face them alone. That help, provided with fraternal care and ongoing support, is available from Masonic Outreach Services. Known as MOS, this program offered by the Masonic Homes of California provides services and resources that enable fraternal family members to stay healthy and safe in their own homes or in retirement facilities in their communities. MOS also provides services to those with immediate and pressing needs who are on the waiting list for admission to one of the Homes.

Here are two of hundreds of California fraternal family members who are supported by their lodges and Masonic Outreach Services.

TRUDY

"I don't know how I would be able to live and purchase my medication without MOS help," says Trudy Taylor, an MOS client for almost three years. Trudy was born in Germany and immigrated to the United States when she was 17. She married Beecher "Kay" Taylor in 1982 and assisted him with his swimming pool service business while working part time in a psychiatrist's office. The couple regularly traveled more than 200 miles to attend events at Glendale Lodge No. 368, Kay's lodge since 1949.

When Kay was diagnosed with cancer, Trudy began working full time at their business. After his death in 1997, she continued running the business and doing the physical labor involved in pool service, which led to severe back problems and surgery in 2000. An auto accident the next year resulted in another back surgery, a pinched nerve, and chronic debilitating back pain. Financial problems soon followed.

She turned to Kay's lodge for assistance, which was a hard decision for her. "I am a German and we don't like to take charity," says Trudy.

"Trudy asked us for help in selling her business," says Larry Mountjoy, secretary and past master. "We connected her with a person

who helped her with the sale. We learned that she was having financial difficulties but she wasn't yet the eligible age for MOS. The lodge provided her with support and financial help for about three years, until she was 60."

An MOS client for about three years, Trudy lives in Southern California and receives financial assistance for her monthly expenses, twice weekly visits from a home health aide, and care management help with the ongoing health problems that have required numerous surgeries.

*"The lodge saved my life," says Trudy.
"Their help was wonderful."*

"The lodge saved my life," says Trudy. "Their help was wonderful." She expresses the same gratitude for her MOS care manager, Lynn Mahmoudi, who provides support and understanding throughout her many ongoing health problems.

JACK

Jack DeBruin was intent on becoming a Mason after moving to Illinois from the Netherlands in 1957. Even though English was not his native language, Jack advanced through the three degrees in just two months at the Wilmette Lodge.

After retiring from a career in medical communications, Jack and his wife Roz moved to Oceanside and he affiliated with Oceanside-San Dieguito Lodge No. 381. Roz's health declined so they moved to a continuing care retirement community. When she fell and fractured her pelvis, Roz spent several months in a skilled nursing facility. Jack was struggling with his own health problems—diabetes and crippling arthritis—and reached out to his Masonic community for support.

"Jack was having difficulty walking, so we drove him to visit his wife in the nursing facility," says Jack Gilmore, past master, who maintains ongoing contact with Jack. "We arrange his transportation to lodge meetings and appointments and stay in contact with visits and phone calls. We do this any time a



Trudy Taylor has been a MOS client for three years.

Jack says he always knew that help is available for Masons in need, but he never thought he would be on the receiving end of assistance.

member or widow needs our help.”

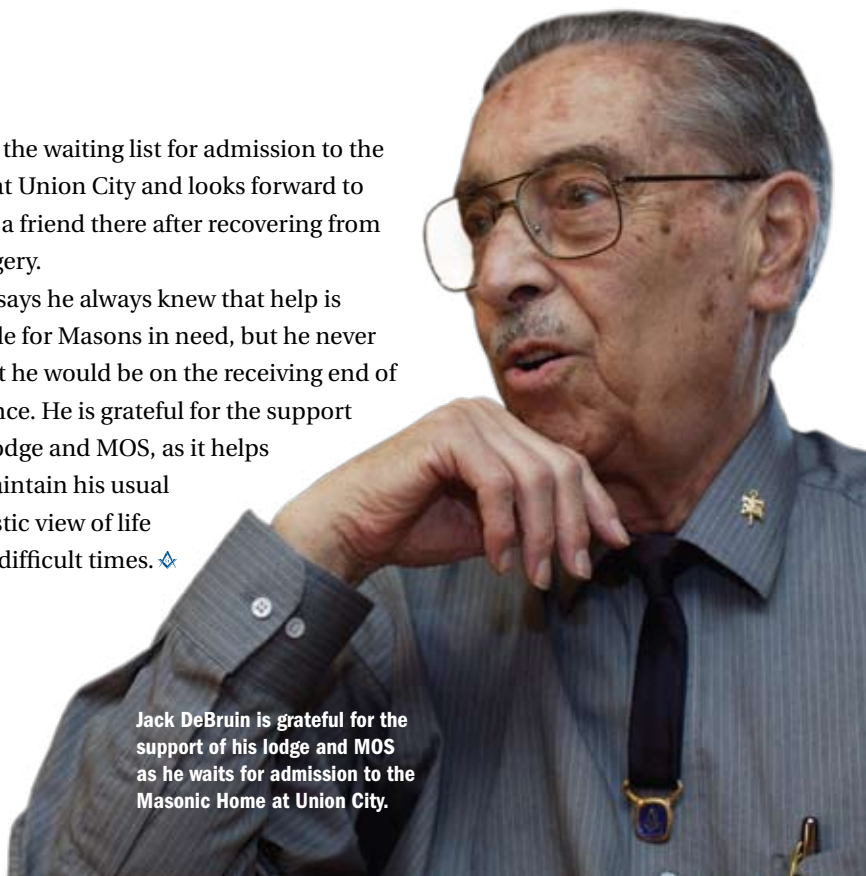
The lodge referred Jack to Masonic Outreach Services for non-financial assistance. His care manager visits frequently and helped him attain assisted living at his retirement community. When Roz died in October 2006, Jack’s care manager provided bereavement support and help with his application for admission to the Masonic Home at Union City.

Almost 85, Jack is scheduled for a complete hip replacement, which he hopes will allow him to walk unaided and resume an active life.

He’s on the waiting list for admission to the Home at Union City and looks forward to joining a friend there after recovering from his surgery.

Jack says he always knew that help is available for Masons in need, but he never thought he would be on the receiving end of assistance. He is grateful for the support of his lodge and MOS, as it helps him maintain his usual optimistic view of life during difficult times. ♦

Jack DeBruin is grateful for the support of his lodge and MOS as he waits for admission to the Masonic Home at Union City.



Lynn Mahmoudi, MOS care manager for Southern California, works with the lodges to provide assistance for brothers and widows.

The MOS and lodge partnership

Most of the calls to MOS for assistance result from lodge referrals. This is the first step in securing help with senior care issues.

“We work together as a team,” says Lynn Mahmoudi, MOS care manager for Southern California. “The lodges recognize the needs of brothers and widows and feel supported by our services.”

Many calls to MOS central intake are from people unsure of the kind of help they need or the questions they should be asking. Most of these callers are assisted by referrals to senior services providers in their communities. This assistance from the MOS Information and Referral program is designed to empower people to be their own advocates from an informed position.

When more than information is needed, a care manager will determine if the need is care management or financial and will help complete an application for MOS support. Clients are served by the care manager based in the region—Northern, Central, or Southern California.

Isolation is often the most difficult challenge for elderly members and widows without family nearby. Regular visits by care managers to MOS clients not only provide ongoing assessment of the client’s living situation, health, and safety, but also a human connection.

For information and help, contact MOS at **1-888/466-3642**.



News *you can use*

FRATERNAL SUPPORT SERVICES ▶

communications@mhcuc.org, (888) 466-3642

MASONIC HOMES WEB SITE ▶

Visit www.masonichome.org to read about the latest developments concerning the Homes, initiate an application, download recent mailings, and learn all about the programs and services we provide.

MASONIC OUTREACH SERVICES (MOS) ▶

We know that many of our constituents prefer to live out their lives in their own homes or home communities. Yet many need help coping with the challenges and issues associated with aging. In response, the Masonic Homes of California has expanded the Masonic Outreach Services (MOS) program to better meet the needs of our elderly constituents who wish to remain in their own home or community.

Our goal is to provide our fraternal family members access to the services and resources they need to stay healthy and safe in their own homes or in retirement facilities in their home communities.

Our services include:

- Ongoing financial and care support for those with demonstrated need
- Interim financial and care support for those on the waiting list for the Masonic Homes of California
- Information and referrals to community-based senior services providers across California

For more information on MOS, please contact us at: (888)466-3642 or (888)HOME MHC or intake@mhcuc.org

ACACIA CREEK COMMUNITIES ▶

For those interested in learning more about the Acacia Creek communities, please visit our Web site at www.acaciacreek.org or contact our offices:

For Acacia Creek at Covina:

Call (626) 646-2962 or (800) 801-9958

For Acacia Creek at Union City:

Call (510) 429-6479 or (888) 553-7555

Or e-mail us at seniorhousing@mhcuc.org.

CHILDRENS SERVICES ▶

For information on our children's program or to find out how to sponsor a child in need, please contact:

Masonic Home for Children

1650 Old Badillo Street

Covina, CA 91722

(626) 251-2227

hrameriez@mhccov.org

SPEAKERS AVAILABLE ▶

The Masonic Homes has speakers available to come to your lodge or function to speak about the services available through the Homes and other issues related to aging. For more information, please contact the communications office at **510/675-1245** or communications@mhcuc.org. We look forward to hearing from you!



Meet Emmitt R. Jolly
Scientist
Mason since 1994

Faces of Masonry

Emmitt Jolly was raised twice—first as a Prince Hall Mason in Alabama in 1994 and again in 2004 at San Francisco Lodge No. 120, where he currently serves as master.

"I am drawn to Masonry for many reasons. As a citizen, I am dedicated to my community and its well-being. I am honored to be part of an organization that caters to making a positive impact in its communities. I enjoy learning and am stimulated by combining my knowledge of theology and its Masonic references with ancient history. Many times I feel like Alice, seeking to find how deep the rabbit hole really goes."

Emmitt, 33, is a postdoctoral Fellow in the Department of Pathology at the California Institute

for Quantitative Biomedical Research at the University of California, San Francisco. He is doing scientific research on an infectious disease affecting more than 78 primarily third-world countries.

In his free time Emmitt enjoys billiards, bowling, theology, chess, meditation, reading, and participating in his children's athletic, academic and social development. He lives in Burlingame with his wife Dr. Stacey Jolly and their daughter Sedona and son Ezaiyah.



Masons of California

Special Event

Join your Masonic brothers, their wives, widows, and mothers to hear about the benefits available to California Masons and their families at this exciting, first-of-its-kind event.

- **Presentations on the Masonic Homes, Masonic Outreach Services, the children's program and Acacia Creek**
- **Fantastic food**
- **Drawings for great prizes**
- **Transportation available free**



You're Invited!

Saturday, April 5

11:00 am
West Covina Lodge No. 446
1201 S. Orange Avenue
West Covina

Saturday, April 12


11:00 AM
Evergreen Lodge No. 259
5801 Chicago Avenue
Riverside

Tuesday, April 22

6:30 PM
Inland Empire Lodge No. 306
260 South Palm Avenue
Rialto

Saturday April 26

11:00 AM
Anaheim Lodge No. 207
303 W. Lincoln Avenue
Anaheim

 Grand Lodge F & AM of California
1111 California Street
San Francisco, California 94108

PERIODICALS
POSTAGE

PAID

AT SAN FRANCISCO CA
AND AT ADDITIONAL
MAILING OFFICES